

International Agricultural Worker Wellness Program



INTERNATIONAL
AGRICULTURAL WORKER
WELLNESS PROGRAM



WWW.IAWWP.CA

Agriculture Wellness Ontario, in collaboration with Canadian Mental Health Association (CMHA) Windsor-Essex and CMHA Brant Haldimand Norfolk, delivers the International Agricultural Worker Wellness Program, an innovative pilot project that supports the mental and physical health of international agricultural workers.

The IAWWP focuses on helping workers manage stress, homesickness and isolation through an integrative strategy that combines in-person workshops, online emotional support and referrals to community resources. Additionally, it engages farm owners and managers, fostering collaboration that benefits both workers and employers, enhancing our agri-food industry.

Our branch partners



Education

The program focuses on the specific challenges faced by international agricultural workers and their employers. It offers workshops for workers in multiple languages or with interpretation, ensuring the content is relevant and culturally informed. For owners and managers, the sessions highlight how to create a psychologically-safe workplace to support workers' well-being.

Workshop benefits:

- Build trust and improve employee retention
- Reduce accidents and safety costs
- Strengthen workplace relationships
- Enhance overall well-being and reduce stress for everyone on the farm



Support

Community services information

Find essential resources such as:

- Emergency contacts for medical, legal or safety assistance
- English classes, interpretation services and recreational programs



The Farmer Wellness Initiative is available in Spanish, English and French!

Access professional health support anytime, 24/7/365, to address:

- Loneliness
- Anxiety
- Depression
- Substance use
- Workplace conflicts
- Financial pressures

1-866-267-6255